

### **Abstract**

An optical disk includes: a substrate shaped in a disk, and having a recording surface; a plurality of recording tracks formed substantially coaxially on the recording surface; a plurality of information pits, which are reproducible by a super resolution reproduction, recorded on the plurality of recording tracks in a recording operation of the optical disk; and an address pit for address reproduction formed in advance to the recording operation on the recording surface with respect to one set of the recording tracks adjacent to each other in a radial direction of the optical disk.